"Trust in the Lord with all your heart and lean not on your own understanding; in all your ways acknowledge him, and he will make your paths straight" Proverbs 3:5-6



http://www.folkestonebaptistchurch.org/

Edition 261

13th July 2025

The Heat is On

Summertime and the living is ...? For some of us it might be easy; glorious weather, time outside, end of term, holidays. Others among us feel like we're wilting!

I have to remember to water the plants in my pots actually it's quite a nice job when I get round to it in the evening pottering around the garden with the watering can when I forget the poor plants suffer.

The Bible was written in a hot dry climate. Water is seen as a precious and scarce. It is often used as a metaphor for the spiritual life; the life we need even more than physical water, "As the deer pants for streams of water so my soul pants for you my God" Psalm 42:1

We need that connection with God just as every living thing needs water, to forget to pray is to neglect to water our inner life. Like my poor plants we wilt.

So here's an idea, perhaps we could use the turning of a tap, the meditative work watering the plants, making a cup of tea as prompts to pray. It could just be a simple "thank you for clear clean water."

Tea and Coffee after the Service Help required for coffee and teas today. Volunteers please

> Assisted Suicide The Bill is now with the House of Lords. Further information can be found at <u>https://carenotkilling.org.uk/</u> https://notdeadyet.org/

> > Love Jesus, Love the Gospels.

Read more from Peter Mead

at

https://biblicalpreaching.net/2025/07/01/lovejesus-love-the-gospel/

Prayer points

Pastoral: In Hospital: Rehabilitation: making good progress At home: Edith, Madeleine, Gloria, Chris, Ruth, Wilf A, Pauline S. Di & Harold H. Bunny. Friends and Family: Barbara J. Cloudie. Doreen W.

Pray for the Church Finances, the Fellowship and the Leadership Team in the discernment of the ongoing vision and how best to use members of the fellowship. The need for volunteers.

Roads around FBC: Swiss Way. Capel: Bracknell House.

Local: Pray for the fellowship of Holy Trinity Benefice at this trying time.

National: Pray that old and vulnerable people will be safe in the hot weather.

International: Pray those suffering from the monsoons and dengue fever in Nepal; peace and stability in West Africa, especially in Burkina Faso, Mali, Niger, Togo and Côte d'Ivoire, as the region faces political transitions and electoral processes; those suffering from drought and heat waves in Pakistan; Tearfund's regional leaders; peace and justice where there is conflict, pray that parties will not seek drive deals to serve their own political gains.

BMS Prayer News

Pray: that BMS Global partners will be proactive in their planning for organisational development; the on line platform will be usable and encourage and strengthen partners; for Alan and Megan Barker capacity strengthening coordinators based in Nepal; for mutual learning between partners including BMS; Roger Pearce, head of Capacity Strengthening as he coaches leaders; pray for proactive rather than reactive work.



				h urch Events House Groups	
	"A wave is like a mirror to our soul. Whether e paddle out into the horizon, take a drop down the face of a liquid wall, or dive deep under a mountain of water as it crashes overhead, the wave reflects our fears, our willingness, our vision, our potential.'		Wednesday: Thursday:	Prayer Pause 12pm Community Lunch 12pm Music Practice: 7:45pm House Group (10:30 am) and Messy Vintage (2:30pm) alternate weeks in	
	Read more here https://www.seenandunseen.com/surfing- dostoevsky-what-waves-taught-me-about- journey?utm_source=os&utm_medium=email		Saturday: Sunday:	Capel 2 nd Saturday of the month – Messy Church, Capel Church Service 10:30 am	
				1 st Sunday – All Age Service 3 rd Sunday - Communion	
			Ladies' Socials: See notice		
Shepway Food Bank, currently based in Hythe, are required to find new premises from which to operate, comprised of the following location requirements:			Prayer Box If would like prayer for someone or something; please leave a request in the prayer box (near the Dover Road entrance). All requests will be dealt		
	 Discreet and Secure Floor space 250 square metres (Minimum) Easy ground level access Parking for distribution vehicles to load and unload 		with in confidence Prayers at Noon: Come to the church and pray together at 12 noon, or pray for the church where you are. Wednesday 16 th July - Psalm 76		
	 Parking for volunteer vehicles Accessible Bus Route for volunteers Toilets and wash facilities Electricity 		CHURCH MEETING The next Meeting will be on 27th July, not 20th as previously listed		
	This is an important and valuable service to our community and an integral part of the Rainbow Centre's operation.		Contact Information Pastoral matters: Pastor: Rev. Katy Ruddle 01303252916; Church Contact Details: 07808 728670 Email: info@folkestonebaptistchurch.org		
If you know of any property that may fit the bill and be of interest, please contact:					
Wendy Lehnert					
	Telephone: 07913 573403		Pam Barr (Capel) 07444 325426		
Email: <u>wendy.lehnert@rainbow-centre.org</u>			Room hire/use: FBC: Administrator: 07808 728670		
Notices			Capel: Pam I	Barr 01303 489006	
	July 27 th Sunday: Church meeting after service September			: David Smithard rsday please. galafrei@icloud.com	
	20 th Saturday: Singing and Sausages October 15-16 th Wednesday and Thursday CRE, Sandown		Weekly news a on our website	sheets and sermons are now available e.	
١	^p ark November I st Saturday: Bulbs and Bites			adband at Hill Road Wifi'; password: 'alphaandomega'.	